The barely readable scribbling at the top of this says:

From Ruby's things – Mom sent it to me (Linda) after they cleared out Ruby's home.

If you trust God with eternity
but you snatch moments away
If you trust God with tomorrow's cares
but bear the ones today
If you know no peace, can find no release,
and live just for what people say,
Then there's something wrong,
You can't trust for long that way.

If you love God with your heart and soul
yet you find no rest
If you love God as you say you do
but give God second best
If you can't find joy or a place to stop
and life is just a bore,
Then you've missed the ship
You've made a slip and there's more.

If you say you know what life's all about
and then you never live
If you say you know about happiness
but have never learned to give
If you're searching for an unknown goal
in a restless race from day to day,
You're just kidding yourself
You'll never be living this way.